Betrayal Healing *Conference*

Monday, Jan 26th

Dr. Kevin Skinner

The Journey After Betrayal:
Understanding PTSD and the Impact on Your Mind, Body, and Path to Healing
[All Phases]

Michelle Mays

Mending the Bonds:
How to Repair Attachment Injuries and Rebuild Safety
[Phase 3 - Redemption Path]

Shelley Martinkus

Healthy Detachment:
How Taking Space Restores Your Clarity, Confidence, and Emotional Well-Being
[Phases 1-3]

Stacey Smith

Truth That Heals:
Why Full Therapeutic Disclosure Is Essential for Relationship Recovery
[Phase 1]

Aarti Chidambaram

Boundaries That Actually Work:
Creating Safety, Stability, and Self-Protection After Betrayal
[All Phases]

Kristin Cary

Calming Your Nervous System:
Practical Grounding Tools to Regain Safety & Stability
[All Phases]

Monday schedule:

9:00am MST - Kick Off Call
9:00am MST - Interviews released

Betrayal Healing *Conference*

Tuesday, Jan 27th

Jenna Riemersma

The Battle Inside:
Using Internal Family Systems to Bring Clarity, Calm, and Healing After Betrayal
[All Phases]

Nathaniel Gustafson

Overcoming Empathy Blockers:
How to Grow Emotionally and Show Up More Fully in Your Relationship
[Special - Betrayers]

Dr. Stefanie Carnes

Protecting Children When a Parent Has a Sex Addiction:
How to Communicate, Support, and Create Safety at Home
[Special - Parenting/Kids]

Dr. Marisa Franco

Rebuilding Connection After Betrayal:
How to Form Friendships Again with Trust, Self-Compassion, and Confidence
[All Phases]

Rae Gaelyn Emerson

When the Relationship Doesn't Survive:
Recalibrating and Building a Life You Love After Betrayal
[Phase 3 - Divorce Path]

Cat Etherington

What Forgiveness Really Means:
Moving Past the Myths and Finding a Path That Honors Your Pain and Your Healing
[All Phases]

Tuesday schedule:

9:00am MST - Connection Time
9:00am MST - Interviews released
6:00pm MST - *Broken to Brave* Launch Party

Betrayal Healing *Conference*

Wednesday, Jan 28th

Dr. Jake Porter

When Your Mind Won't Let You Heal:
Why You Feel Stuck and How to Move Forward
[All Phases]

Debbie Laaser

Turning Triggers Into Healing:
What the Seven Desires Teach Us About Emotional and Relationship Growth
[Phases 1-3]

Matthew Raabsmith

Ending Regression in Recovery:
Breaking Free from Patterns That Keep You Stuck
[Special - Betrayers/Couples]

Stephanie Sarazin

Ambiguous Grief:
How to Mourn What Was Lost When the Person Is Still There
[All Phases]

Leah Hadley

Regaining Financial Confidence After Betrayal:
A Financial Advisor's Guide to Intentional Spending and Rebuilding Stability
[Phase 3 - Divorce Path]

Adam Nisenson

When Men Are Betrayed:
Understanding Male Betrayal Trauma and Their Healing Journey
[Special - Betrayed Men]

Men's Panel

Recovery vs. Sobriety:
What Real Change Looks Like in Relationship Healing
[Phases 1-3]

Wednesday schedule:

9:00am MST - Connection Time
9:00am MST - Interviews released

Betrayal Healing *Conference*

Thursday, Jan 29th

Kristin Snowden

The Unique Scars of Betrayal:
Healing Shame, Rebuilding Trust, and Finding Connection Again
[All Phases]

Geoff Steurer

How to Stay Safe While Leaning Back Into the Relationship:
Protecting Yourself as You Rebuild After Betrayal
[Phase 3 - Redemption Path]

Marnie Breecker

How to Hold Both Grief and Hope After Betrayal:
Finding Your Way Through the Pain Toward What's Possible
[Phases 1-3]

Andrea Rogers

Why Betrayal Needs a Voice:
Raising Awareness, Reducing Shame, and Helping Partners Feel Seen
[All Phases]

Blake Brinkman

When Your Teen Is Struggling:
How to Help a Teen Caught in Pornography Without Shaming Them
[Special - Parenting/Kids]

Dan Brodsky-Chenfeld

Facing Fear After Betrayal:
What a World-Champion Skydiver Can Teach Us About Risk, Courage, and Moving Forward
[Phases 1-3]

Dr. Stevie Hall

Lindsey Stanley

Therapeutic Separation:
Creating Clarity, Safety, and Structure When You Need Space to Heal
[Phases 1-3]

Thursday schedule:

9:00am MST - Connection Time
9:00am MST - Interviews released

Betrayal Healing *Conference*

Friday, Jan 30th

Joshua Broome

Behind the Scenes of the Porn Industry:
A Former Porn Star Reveals Why It's Not "Just Porn"
[All Phases] * Trigger warning*

Dr. Janice Caudill

When Recovery Reveals Even Deeper Pain:
Healing From Intimacy Deprivation After Betrayal
[Special - Intimacy Anorexia]

Dan Drake

Healing Through Honesty:
The Truth-Telling Needed to Restore Trust and Intimacy
[Special - Betrayers/Men]

Maddie Corman

Unexpected Gifts of Betrayal:
Shame Resilience, Self-Discovery, and the Strength of Community
[All Phases]

Joanna Raabsmith

Reclaiming Yourself:
How Confidence and Self-Worth Return After Betrayal
[Phase 4]

Timothy Stein

Partner-Sensitive Recovery:
Understanding What Your Partner Needs While Building a Healthier Path Forward
[Special - Betrayers/Men]

Friday schedule:

9:00am MST - Connection Time
9:00am MST - Interviews released
1:00pm MST - Closing Call & *Broken to Brave* Grand Prize Drawing